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TULSA, OKLAHOMA, 1913.

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AFRO-AMERICAN CULLINGS

Rev. Richard D. Stinson, principal of the Atlanta Normal and Industrial Institute, for the colored, has returned from a trip to Chicago and other points in the west, says the Atlanta Constitution.

While there he made a close study of the conditions of his race and has given out the following interview:

"I am more impressed with the real need of practical and useful education than heretofore. I am also glad to say that the best people of both races are fully cognizant of these facts and are willing to relieve the conditions when they find the opportunities that guarantee the certainty of making the masses better.

"I do not overdraw the picture when I say the greatest need of the negro masses in the south as well as other parts of the country is a useful education that teaches how to do something with the hands.

"The leaders of my race, the heads of families, the teachers in the school room should be thoroughly apprised of these conditions and go about their work so that they may do something definite and helpful.

"The country is taking on new life in almost every phase and nowhere more than in our own section. Why shouldn't we prepare the masses of the negro race for it? Those of us who in the slightest way attempt to impress our child-race from any other viewpoint either show that we do not understand or we try to be an adept at deception.

"It was this state of things that has brought the Atlanta Normal and Industrial Institute, a school for the training of the masses to do the everyday things of life, into existence. I have been more than surprised to note how willing the best and most prominent people of this city and section have been to encourage a school that makes for the best interests of our people.

"The importance of a school like this in a community can hardly be overestimated. We would not by any means discourage or oppose those who espouse the cause of higher education by advocating the closing of the colleges in our midst, for they are doing a good and commendable work; but we do say there ought to be tenfold more schools of this kind among our people at this stage of their advancement so that when the colleges are building and finishing the top story these practical schools may be kept busy with the masses at the bottom, helping the lay a foundation for good citizenship by training first of all their hands, teaching the boys how to use the saw and hammer, the trowel, the painter's brush, how to farm scientifically, etc., the girls, how to sew and cook and do housework and the like.

"It is amazing how many young women there are that have a high school and even a college education who could not prepare you a decent meal or wash and iron a decent shirt. Only the Recording Angel can tell the deaths that may be attributed to the frying pan and baking oven. A young man seeking a wife had better wed a young woman with ordinary education, but a splendid cook, a good seamstress and a good housekeeper in preference to one who could play skillfully upon the piano Chopin or Beethoven, discuss psychology and economics or quote readily from the literary authors of the day.

"The tendency of the age seems toward superficiality, sham and show. We give tenfold more thought to what

we would like to have than to properly preparing ourselves to earn the means whereby we may get it. We think far more of consuming than producing. We must change our plan of action, our point of view, and try to become a race of producers as well as consumers. To do this, then, along with the development of the mind must go the training of the hand.

"The college-bred man must often sit and wait for something to 'turn up,' some opening to be made, some position to be offered him. The man with a trade does not wait for something to 'turn up,' but turns up something himself, and that, too, quickly. He is the most independent being upon the face of the globe. He waits for no man, he cringes to no man, and even dictates to men of wealth and power. Like the village blacksmith, 'he looks the whole world in the face, for he owes not any man.' North, south, east or west, he is able to stand in his own shoes and curry favor with nobody.

"Realizing all this, how important, then, is it that the principles of practical training for which this institute stands should be appreciated and maintained."

Ante-bellum days were recalled at the "Mammies' Dinner" given to the "Ole Massahs" by the Ex-Slaves' association at Birmingham, Alabama. Five hundred uncles and aunts, all ex-slaves, were present.

Some time ago the ex-slaves of Birmingham formed an association with 350 members. The organization will be extended over the south. An ex-slaves' home will be established near Birmingham. Plans are already under way for this institution, which will be unique in many respects. The home will be equipped with the old-time loom, spinning wheel and carders. Pits, ovens and the ash-cake will take the place of modern cooking utensils and baker's bread.

Only Negroes born before 1860 are eligible to membership in the Ex-Slaves' association. These only were present the "Mammies' Dinner."

From all parts of the country the old men and women came to the "mammies' dinner. Among the guests were a number of former slave owners, and they joined heartily in the spirit of the function. The dinner was cooked in the same way as before the war. Barbecued meats, ash cakes, flapjacks, buttermilk, fried chicken and other ante-bellum dishes formed the menu.

Speeches were made by former slave owners and responded to by former slaves.

An old-time camp meeting service was held. Aged, bent and silver-haired ex-slave preachers shouted and exhorted the listeners to keep away from the wiles of the devil or be doomed to eternal fire and brimstone, and old-time scenes were reproduced in detail.

Old masters and their slaves were reunited after many years of separation. Some embraced in the joy of meeting again. An incident of the day was the meeting of Marshall Light, aged seventy-one, and Alfred Avery, aged seventy, ex-slaves, who, though cousins and living in Birmingham more than thirty years, had never met. The aged Negroes sang and danced in celebration of the event.

Andrew Beard, who was born a slave on an Alabama plantation, has won fame as an inventor. He sold a coupler to one of the railroads for \$50,000.

Gutta percha, now obtained from the leaves of the castanoea tree, is said to be more durable than that obtained by tapping the trunk and is coming into use in France for insulating submarine cables.

By an ingenious arrangement of reflectors a 30-candle power incandescent lamp recently mounted on a lightship off the Virginia coast is made to give flashes of more than 100,000 candle power in certain directions.

Resenting the assertion that Sydney, Australia, was the dirtiest town in the southern hemisphere, the lord mayor has organized a special force of a hundred police for the preservation of good order, cleanliness and neatness.

Cotton was cultivated in Morocco and sold in England during the Civil war in the United States, and during the cotton crisis in 1871. After that period the demand failed and cultivation was dropped.

Egypt, in 1912, imported goods valued at \$128,062,035.

It has been conjectured that excessive atmospheric precipitation might be responsible for earthquakes by increasing the supply of subterranean water, leading to a washing away and collapse of the earth's crust; but it may not be so.

A Japanese company has planted 200,000,000 pearl oysters in a bay in that country, and believes it will harvest millions of pearls through a recently invented process for impregnating the mollusks.

During the first four months of 1913 there were slaughtered in La Frigorifica Uruguay and the Frigorifico Montevideo 48,121 cattle and 212,655 sheep, a monthly average of 12,000 cattle and 53,000 sheep.

Jusi (pronounced hoosey) is a Philippine combination of silk and pineapple fabric which is becoming popular in this country.

Beirut, in 1911 and 1912, imported 145,000 sacks of flour of 220 pounds each.

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Here is her own statement.

Cary, Maine.—"I feel it a duty I owe to all suffering women to tell what Lydia E. Pinkham's Vegetable Compound did for me. One year ago I found myself a terrible sufferer. I had pains in both sides and such a soreness I could scarcely straighten up at times. My back ached, I had no appetite and was so nervous I could not sleep, then I would be so tired mornings that I could scarcely get around. It seemed almost impossible to move or do a bit of work and I thought I never would be any better until I submitted to an operation. I commenced taking Lydia E. Pinkham's Vegetable Compound and soon felt like a new woman. I had no pains, slept well, had good appetite and was fat and could do almost all my own work for a family of four. I shall always feel that I owe my good health to your medicine."—Mrs. HAYWARD SOWERS, Cary, Maine.

If you are ill do not drag along until an operation is necessary, but at once take Lydia E. Pinkham's Vegetable Compound.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

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Genuine must bear Signature

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400,000 Settlers a Year

160 ACRES

FARMS IN WESTERN CANADA FREE

Immigration figures show that the population of Canada increased during 1912, by the addition of 400,000 new settlers from the United States and Europe. Most of these have gone on farms in the provinces of Manitoba, Saskatchewan and Alberta.

Lord William Percy, an English nobleman, says: "The possibilities and opportunities offered by the Canadian West are so infinitely greater than those which exist in England, that it seems absurd to think that people should be impeded from coming to the country where they can most easily and certainly improve their position."

New districts are being opened up, which will make accessible a great number of homesteads in districts especially adapted to mixed farming and grain raising.

For illustrated literature and reduced railway rates, apply to Superintendent Immigration, Ottawa, Canada, or

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